



SKANDIA

NEWSLETTER

Seattle, Washington

The Voice of SKANDIA FOLKDANCE SOCIETY

September 2010

Board musings

Bring your children, grandchildren, nieces, and nephews—and don't forget the neighbors and their children—to the first Skandia Family Dance on Friday, 1 October! You say you don't have a younger child to bring with you? Come anyway and help make this an event to remember!

Beginning at 6 p.m., families will be able to munch on pizza and salad (as long as supplies last) while learning about traditional Scandinavian instruments and participating in various crafts. At 7 p.m., musicians will lead the party-goers upstairs, where Bart Brashers and Eileen Little, both experienced dance teachers, will lead families in an hour and a half of participatory dancing, accompanied by live music provided by Lilla Spelmanslag. Lilla Spelmanslag, directed by Martha Levenson, is the children's fiddle group sponsored by the Nordic Heritage Museum. It includes 18 players ages 5 through 17. The group plays traditional Scandinavian dance tunes with energy and poise, and they have a great time doing it! Dances will be geared for everyone ages 4 and up—no dance experience is necessary!

Immediately following the Family Dance will be the regular first Friday dance at 8:30 p.m., and those who needn't run home with tired little ones are welcome to stay. We'll begin with several mixers and accessible dances to ensure that all who want to dance can do so. Bob Hamilton will be our esteemed emcee for the evening and will help to ensure that a good time is had by all!

Seattle is fortunate to have not just one, but **two** family-friendly Scandinavian dances this fall. Northwest Folklife and EMP have teamed up to present a Family Days series, bringing music and dance from around the world to the Sky Church on the third Saturday of each month. On Saturday, 18 September, from 1–3 p.m., Ingvar and Sally Sodal, along with the aforementioned Lilla Spelmanslag, will lead families in a fun-filled afternoon of Scandinavian music and dance. This event is geared for those 10 years old and older, but all ages are welcome, and the event is free. For more information, go to www.empsfm.org/calendar or contact Kelly Morgan at kelanabel@comcast.net.

Seattle-area parents are searching for culturally enriching, family-friendly activities that provide a sense of community and in which the whole family can have fun. Our very own Skandia Society has an opportunity to engage these families

and enrich our own community. Help to make it happen! Contact Silje Sodal at Silje@peteclaar.com or (206) 448-8737 if you have any questions or would like to volunteer. Thanks!

—*Silje Sodal*

Fall Basics classes

Skandia's "Basics of Scandinavian Dance" class will start again on Wednesday, 15 September. The first five-week session will end on 13 October; the next five-week session will begin the following week on 20 October and continue through 17 November.

Pat Pi and Larry Reinert will teach the first five-week session, focusing on schottis and waltz. These classes are intended to help the new dancer get started and the somewhat more experienced dancer to get better. This is much easier if you plan to take the entire five-week series.

Bring your friends along and make a party out of each class. Each successive five-week class will provide opportunities to learn new material, as well as to practice what you learned previously.

Classes are held at the Phinney Neighborhood Center on Phinney Ridge, from 7:30 to 9 p.m. in the upper (blue) building. If you have questions, call Don Meyers at (206) 789-2678.

—*Don Meyers*

September Skandia events

Basics of Scandinavian Dance, five Wednesdays, 15 September through 13 October, Phinney Neighborhood Center, Seattle, 7:30–9 p.m.

First Friday, 3 September, Cedar Valley Grange. Class at 7:30; dance, 8:30–11 p.m.

Third Friday, 17 September, Cedar Valley Grange. Class at 7:30; dance, 8:30–11 p.m.

Family Dance, 18 September, EMP Sky Church, 1–3 p.m., with Ingvar and Sally Sodal.

Scandi Sessions, 25 September, Luther Memorial Lutheran Church, 3–5 p.m. (or later).

See p5 for **driving directions** to regular events.

Dances:

Unless otherwise noted, all dances take place at Cedar Valley Grange, 20526 - 52nd Ave. W, Lynnwood, WA. Skandia members, \$7; nonmembers, \$10. Class, 7:30–8:30; dance 8:30–11 p.m.

First Friday Dance, 3 September

The first Friday in September will start off your Labor Day weekend with Dansaspel from Bellingham: Carol Olson (fiddle), Liz Gabay (fiddle), Kimberly Topolski (viola, mandolin, fiddle), and Collin Topolski (accordion). They will play a mixture of gammaldans and bygdedans, along with several mixers.

Jerry and Judy will teach Åtabaks polska before the dance. This is a moderate-tempo polska from the Föllinge area.

Third Friday Dance, 17 September

For the third Friday, we will enjoy the music of Nordic Exposure from Olympia. The band formed in 1991 with Karen (flute) and Jane (accordion). Laurie joined a couple of years later, and Jeff (fiddle) hooked up when they met in 1999. Karen, Jeff, and Jane have been to Scandinavia numerous times to music camps and festivals. Nordic Exposure's focus is on gammaldans (and an occasional "Olle" joke from Jeff).

Before the third Friday dance in September, Larry Reinert and partner will teach "Flaks," a Norwegian snoa variation, and other Norwegian gammaldans variations.

—Frank Brown

The Scandi Sessions

The Scandi Sessions are beginning! Musicians from all styles are welcome to participate in these Scandinavian music events. Featuring both structured teaching and a jam session, the Sessions are held at the Luther Memorial Lutheran Church in Greenwood. A \$5 donation is asked for non-Skandia members; both Skandia and Luther Memorial members get in free. Participants may bring a recording device, and a limited number of copies of the notation of tunes may be available at the event. Transcriptions will be sent electronically to all participants who would like a copy. All instruments are welcome to join in the fun! And don't forget that It wouldn't be Nordic if there wasn't a coffee break, so bring a treat to share!

The first Session, to be held Saturday, 25 September, from 3–5 p.m., features the hambo. This dance is found all over Sweden, and is often danced locally in Seattle at contra dances. Vicki Watt Warshaw will teach a couple of great hambo tunes, emphasizing rhythm and styling for playing for dancing. The jam portion of the event will use tunes from the Skandia Allspel CD #1 as a jumping-off point. The second Session, Saturday, 23 October, from 3–5 p.m., features schottis and reinlender, taught by Martha Levenson. These catchy tunes, which may come from various Nordic

countries, are easy to learn and fun to play. This Session's jam begins with tunes from Skandia Allspel CD#2.

Directions to the Luther Memorial Lutheran Church follow. For more information, contact Martha Levenson at scanfiddles@gmail.com.

Luther Memorial Lutheran Church is located at 13047 Greenwood Avenue North, Seattle. From Aurora Ave., go west on 130th St to Greenwood Ave. N. Turn left (North) on Greenwood, and the church is one block up on the left. There is plenty of free parking behind the church, where you will also find the entrance to the building.

—Martha Levenson

Date	Category/Teacher	Allspel CD focus
September 25	Hambo/Vicki Watt Warshaw	I
October 23	Schottis/Martha Levenson	II
November 27	Waltz	III
January 22	Gånglåt/Polka	I
February 26	Pols	II
March 26	Mixers	III
April 16	Sixteenth-note Polska	I
May 21	Eighth-note Polska	II
June 18	Midsommar Allspel	III



Kathi's corner

Bondpolska från Viksta (Uppland, Sweden)



Judy Patterson and Jerry Walsh taught this popular and lively dance at the Spelmansstämma on 21 August.

Hold: Shoulder-waist

Försteg: Stepping on 1 and 3, woman starting on R, man on L, woman with back to LOD.

Polska: M: (1&) L forward, (2) pivot L, lift R, (just before 3) R back, (3) lift L, pivot on R heel

W: (1) both, (just before 3) R, (3) leap to both, L arriving slightly earlier than R

Character: Motion is linear. Dance is "earthy and vigorous" but controlled. W should try to bring both feet together before coming down on (1) both.

Excerpted from the publication Kathi's Cues, © 1998. Please note that these cues are intended to be a reminder to those who have learned the dance, not a complete description of the dance.

—Kathi Ploeger

Celebrate Northwest musicians at the 56th annual Skandia Ball!

Want to enjoy a tradition running more than half a century with great Scandinavian dancing, music, food, friends, and fun? Come to the 56th Annual Skandia Ball! Skandia's annual reunion and our biggest dance party of the year is coming up on Saturday, 16 October, at the Northshore Senior Center, 10201 E. Riverside Drive in Bothell, WA.

In this year's program, we turn the spotlight on the amazing talent and rich variety of the Northwest musicians who provide live music for our dancing. The Ball will begin with a social hour at 6 p.m., during which we invite you to enjoy snacks, beverages, and good conversation with all your Skandia friends. Your contribution of a favorite snack or finger food will add to the fun during this social time and throughout the evening.

Music and dancing start at 7 p.m. and continue until 11 p.m. The musical line-up for the evening engages our top-flight Northwest musicians with many different instruments, providing melodies for a range of gammaldans, village dances, mixers, set dances, and, of course, the Grand March (more details in the October newsletter). Special features during the evening will give you the opportunity to learn interesting details about unique Scandinavian instruments from the musicians who play them.

So mark your calendars for 16 October, save the date, and we'll see you at the 56th Skandia Ball! Admission to this year's Ball remains just \$15 per person, payable at the door.

As always, the Skandia Ball is a cooperative effort, planned by a few but executed and enjoyed by everyone. If you are asked to help with planning, preparations, set-up, cashiering, greeting, clean up, or any of the myriad other tasks that make the Ball possible, please lend a hand. For that help you'll have the thanks of all of us who attend and enjoy this event! If there is a particular aspect you would like to help with or if you have questions about the Skandia Ball, contact Jim Peterson at jwpetrsn@comcast.net or call me at (425) 820-9764.

—Jim Peterson
Skandia Ball Chairman

Board names Elections Committee

The newly established Election Committee (Jerry Walsh and Larry Reinert) is seeking candidates for four vacant 2011 trustee positions. We hope you'll consider taking a leadership role yourself, or nominate someone you'd like to help steer Skandia for the next two years

If you know members in good standing who are interested in becoming candidates—or if you have questions about the role of trustees—contact us at jandjdance@comcast.net or reinertl@mindspring.com. Nomination forms will be available in October at all Skandia classes and events.

Also, note that there are only two of us on the Elections Committee at the moment. We've been abroad and haven't been keeping up with all our duties. If you like to be the third member, please contact one of us.

—Larry Reinert

Looking for Skandia Ball programs

I am looking for Skandia Ball programs from 1960, 1970, and 1972 to complete a collection going back to the first Skandia Ball in 1954. Contact Deb Kosche at dkosche@serv.net or (206) 523-0565.

Welcome to new member:

Susan Yule

Future events

- 10/1 (Lynnwood) Skandia Family Dance**, Cedar Valley Grange, 20526 52nd Ave. West, Lynnwood, WA. 6 p.m., pizza & salad dinner; 7 p.m., dance. \$10; Skandia members, \$7; kids free. Info: siljes@skandia-folkdance.org.
- 10/8 (Seattle) One-hour Hambo Lesson** taught by Patrick McMonagle. 7:30 to 8:30 p.m. at Sonny Newman's Dance Hall, 201 N 85th, Seattle. This delightful spinning couple dance has an undeserved reputation for difficulty. Plan to get there early. \$5 for the lesson; \$12 for the live music dance that follows. Info: www.tangoseattle.com/Dance/Waltz_Night.html.
- 10/9 (Bellingham) Nordic Dancers NW Second Saturday Scandinavian Dance**. 2–5 p.m., Norway Hall, 1419 N Forest St, Bellingham. Live music by Vancouver's Sømmenspil. \$10 donation; students age 24 or younger, \$5; Wergeland Lodge members, \$3; 18 & younger, free. Website: www.nordicdancersnw.org. Contact: Bob/Carol Olson 360-734-2516.
- 10/16 (Bothell) Skandia Ball**, 7–11 p.m., Northshore Senior Center, Bothell, WA.
- 4/23–25, 2011 Springdans NW**. Save the dates!

September 2010						
SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3 (CVG, Lynnwood) Skandia 1st Friday dance; 7:30 (class); dance, 8:30–11 p.m.	4
5 (Port Angeles) Dance, 7–9 p.m.	6 (Poulsbo) Work- shop, potluck, dance; starts at 3:30 p.m.	7	8 (Bellingham) Nordic Dancers, 7–9:30 p.m.	9	10	11 (Bellingham) Scandinavian Dance, 2–5 p.m.
12 (Port Angeles) Dance, 7–9 p.m. (Seattle) Swedish Pancake Breakfast. 8 a.m. to 1 p.m.,	13 (Burlington) Nordic Dancers, 7–9 p.m.	14	15 (Seattle) Skandia Basics class, 7:30–9 p.m. (Bellingham) Nordic Dancers, 7–9:30 p.m.	16	17 (CVG, Lynnwood) Skandia 1st Friday dance; 7:30 (class); dance, 8:30–11 p.m.	18 (Seattle) Family Days Scandinavian Dance Workshops, in the Sky Church at EMP, 1–3 p.m.
19 (Port Angeles) Dance, 7–9 p.m.	20 (Burlington) Nordic Dancers, 7–9 p.m.	21	22 (Seattle) Skandia Basics class, 7:30–9 p.m. (Bellingham) Nordic Dancers, 7–9:30 p.m.	23	24	25
26 (Port Angeles) Dance, 7–9 p.m.	27 (Burlington) Nordic Dancers, 7–9 p.m.	28	29 (Seattle) Skandia Basics class, 7:30–9 p.m. (Bellingham) Nordic Dancers, 7–9:30 p.m.	30		

September events

Sundays (Port Angeles) Regular Sunday dance.

Scandinavian and ballroom dancing Sundays, 7–9 p.m. Scandia Hall at 131 W 5th St., Port Angeles, WA. Donations taken at the door. Info: Sandy or Paul, (360) 457-7035 or penga@olympen.com.

Mondays (Burlington) Nordic Dancers NW Scandinavian dancing. Burlington Lutheran Church, 134 E Victoria Ave., Burlington. 7–9 p.m. Starts 13 September and runs through May. \$5 donation; \$2 Wergeland Lodge members. Web site: www.nordicdancersnw.org. Contact: Bob/Carol Olson, (360) 734-2516.

Wednesdays (Bellingham) Nordic Dancers NW Scandinavian dancing. Norway Hall, 1419 N. Forest St, Bellingham. Easy dances, 7–8:10 p.m. Couple turning dances, 8:20–9:30 p.m. Starts 8 September and runs through early June. \$5 donation; \$2 Wergeland Lodge members. Website: www.nordicdancersnw.org. Contact: Bob/Carol Olson (360) 734-2516.

9/10

(Seattle) Swedish Folkdance Music Jam Session in the dining room of the Three Crowns Restaurant in the Swedish Cultural Center. 6:30–8:30 p.m., free. Fiddlers, other acoustic string, wind, & reed players are welcome. Tunes will include tunes from *The Waltz Book II* by Bill Matthiesen. Info: deb@folkdancing.com. Listeners welcome.

9/11

(Bellingham) Nordic Dancers NW 2nd Saturday Scandinavian Dance, 2–5 p.m., Norway Hall, 1419 N Forest St, Bellingham. Live music by Takk for Dansen and Dansaspel. \$10 donation; \$5 for students 24 or younger; \$3 for Wergeland Lodge members; 18 & younger, free. Website: www.nordicdancersnw.org. Contact: Bob/Carol Olson, (360) 734-2516.

9/12

(Seattle) Swedish Pancake Breakfast. 8 a.m. to 1 p.m., \$7. Some come for the pancakes, some for the live Scandinavian music and the rare chance to

dance a waltz or hambo before breakfast. Note the date! This event is usually on the first Sunday of the month.

- 9/18 (Seattle) Family Days Dance Workshops** with Northwest Folklife at EMP, featuring Scandinavian dances. 1–3 p.m. in the Sky Church at EMP, 325 5th Ave. North, Seattle (Seattle Center). Free. Information: siljes@skandia-folkdance.org.
- 9/18 (Fort Flagler) Grand Bal**, a French Traditional dance, the folkdance event of the Over The Water Hurdy Gurdy Festival, will be held in the camp theater of Fort Flagler State Park on Marrowstone Island, not far from Port Townsend. Live music starts at 8 p.m. with over two dozen Hurdy Gurdys; \$10. Most dances will be taught by Patrick McMonagle or Marjorie Nugent. Info: www.overthewater.org.
- 9/24 (Seattle) Scandinavian Folkdance.** Live music by Nordleik Duo, 8–10:30 p.m. Nordleik offers your ears and feet a delightful selection of old-time dance music played on fiddles and accordion with vocals. \$10. Free dance lesson, 7:30–8 p.m. Info: pat@folkdancing.com.
- 9/25 (Seattle) Scandi Sessions**—regular, once-a-month musician jam sessions, 3–5 p.m. (or later) at Luther Memorial Lutheran Church, 13047 Greenwood Avenue North, Seattle. This first session focuses on hambo music. You'll want to purchase the Skandia Allspel CDs from the Web site (or at the first session) so that you will be prepared to join in the fun. Free to Skandia members and church members; suggested donation for nonmembers is \$5. Info: aikikid@oneworldaikido.com.
- 9/25 (Tacoma) The Tacoma Mountaineers Folk Dance**, Normanna Hall, 1106 S. 15th St., Tacoma. Nordic Exposure Band will play Scandinavian waltzes, schottisches, polkas, snoas, hambos, mazurkas, and others more. Suggested donation: \$10. The dance starts at 8 p.m. **Directions:** From I-5 southbound, take exit 133, follow City Center to the 15th St. exit. Follow 15th up the hill to Normanna Hall at the corner of 15th and M L King St. From I-5 northbound, take exit 132, then on Highway 16, take the Union Ave. exit, turn right (north) and travel to 19th, turn right (east) and travel to M L King Street, turn left (north) to 15th and the Hall. From the Gig Harbor side, take the 19th Street East exit from Highway 16 and travel to M L King Street and turn left to go to 15th St. and the Hall.



Skandia Newsletter

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Send items for the *Other events* column to:

skandia.editor@gmail.com, or mail (typed only) to **Kathy D. Bruni, Skandia Newsletter, 14805 NE 177th St., Woodinville, WA 98072-6223**. Items for the **October** issue must arrive by **10 September**. Please include date, time, cost, location, contact phone number, and email address. Priority is given to local Scandinavian dance and music events.

Directions to regular Skandia events

Phinney Neighborhood Center, 6532 Phinney Ave N, Seattle:

from I-5 northbound or southbound, take exit 172 (N 85th St/ Aurora Ave); drive west on N 85th about a mile; turn south onto Greenwood and go south 1 mile; turn left at 67th (where Greenwood doglegs east and becomes Phinney); go half a block downhill to the lower parking lot. Room 2 is in the main building, next to the upper parking lot.

Cedar Valley Grange, 20526 52nd Ave W, Lynnwood: from I-5 north- or southbound, take exit 179; turn east on 220th St. Go half a mile to the stop sign at 52nd St.; turn left and go a short mile to the hall (on your left). **Dances on first and third Fridays of every month.**

Newsletter advertising policy

1. Skandia will not accept paid advertisements for the newsletter.
2. Announcements of activities and events congruent with Skandia's educational and cultural foci will be accepted on a space-available basis, unless they conflict with scheduled Skandia events. Exceptions can be made for the inclusion in the monthly calendar listing.
3. Classified advertisements from Skandia Folkdance Society members for non-commercial purposes will be accepted for free on a space-available basis. An example of "non-commercial" would be a member trying to sell a pair of dance shoes that no longer fits.
4. Any exceptions to these policies have to be approved by the Board of Trustees.

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SKANDIA FOLKDANCE SOCIETY

Membership registration and change form

Today's date: _____

Name: _____ Signature: _____

- To report a membership problem, check here and describe problem on back of this form or on separate page.
- New member(s) (first time only).
- Renew membership(s) (including expired or inactive memberships).
 - There have been NO CHANGES in my ADDRESS or PHONE NUMBER since my last renewal.
 - Shown below are CHANGES that have occurred in my ADDRESS or PHONE NUMBER since my last renewal.
- I do NOT want a newsletter mailed to me. **Check this box if you view the newsletter at Skandia-folkdance.org.**

Number, Street, Unit: _____
City, State, Zip: _____
Phone: Area code, Home, Work: _____
Email address: _____

Mail, with your check or money order for \$25 per person (\$15 for high school or college students, ages 13–25) made out to SKANDIA FOLKDANCE SOCIETY, to:

Skandia Membership Committee
Post Office Box 17123
Seattle, WA 98127-0823

- Please mail me my membership card in the ENCLOSED SELF-ADDRESSED, STAMPED ENVELOPE.
- I will request my card from a cashier at a Skandia class or event.